

MannaRelief

Advanced nutrition for malnourished children.

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To Change Children's Lives**



MannaRelief is dedicated to combating the devastating impact of global malnutrition, and some of our best work is being done right here in North America.



Buckner, MannaRelief make strides against malnutrition in the Valley

by Lauren Hollon Sturdy

When an 8-year-old child weighs what a healthy 6-year-old should, there's a problem.

That was the case for a boy living in the Rio Grande Valley. Many children in destitute border communities, called colonias, suffer from malnutrition due to a lack of access to healthy food.

“Malnutrition can stunt children’s growth and brain development,” said Cynthia Casperson RN, director of health services for Buckner. “These issues prevent children from doing well in school, resulting in more dropouts, fewer job opportunities and an inability to provide for their families. It’s all linked to malnutrition.”

Buckner is working in the Rio Grande Valley to change people’s lives through case management at the Community Transformation Center in Peñitas, Texas. Last September, Buckner partnered with MannaRelief, a nonprofit organization dedicated to serving orphans and children through real food nutritional support.

MannaRelief donated a year’s supply of their PhytoBlend™ product for a pilot program that currently serves 150 children whose families are clients of the CTC. A ¼ teaspoon dose of the tasteless powder supplement, mixed with food or any liquid, provides the essential daily vitamins and minerals a child needs.

Children in the program have received the supplement daily since September and the results are remarkable.

Before the supplement program began, children reported feeling tired all the time, according to CTC director Ricardo Brambila. Now, they say they’re feeling better – more alert in school and less fatigued when playing soccer.*

“Before, we would see white spots on the children’s skin, and their skin was very dry,” Brambila said. “Their hair looked dull, and you would see that their nails were a little yellowish.”Brambila said the kids’ skin is clearing up, their color is improving and their hair is shinier.*

At the start of the program, many children were underweight and below the normal growth curve in height. One 12-year-old has grown an inch in five months. An 8-year-old went from 45 to 56 pounds, a healthy weight for his age.*

The PhytoBlend product is unique from other supplements because the company sources its vitamins and minerals from real food rather than synthetic chemical vitamin and mineral compounds.

“This just further validates the value of real food vitamins and minerals in the diets of children,” said Sam Caster, founder of MannaRelief. “It allows us to turn whatever the children are willing to eat into the most nourishing thing they will ever eat.”

Buckner Community Transformation Center MannaRelief Report Data September 2011 to February 2012

Male Children	0-3 years	4-8 years	9-12 years
Number of Children	18	33	29
Starting Average weight	22 lbs	34 lbs	75 lbs
Current Average weight*	28 lbs	42 lbs	82 lbs
Starting Average height	29 inches	34 inches	50 inches
Current Average height*	31.5 inches	36 inches	55 inches

Female Children	0-3 years	4-8 years	9-12 years
Number of Children	22	41	7
Starting Average weight	28 lbs	31 lbs	65 lbs
Current Average weight*	31 lbs	36 lbs	71 lbs
Starting Average height	26 inches	37 inches	47 inches
Current Average height*	32 inches	38 inches	51 inches



Buckner International is a global ministry, maximizing resources and leadership to serve vulnerable children, senior adults, and families.

PhytoBlend™ is a registered Trademark of Mannatech, Inc.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Miracle in South Dallas

From an Article Published in Eclipse Magazine

Special “sugars” change the academic performance of some Dallas school children who many had given up on. Mrs. Denise Hampton says she has seen a “miracle” in the lives of some of the school children she has taught in her nearly three decades of teaching. Over the years she has witnessed a growing number of good children turn into bad students.



Like many teachers across this country, Hampton has had to adapt her teaching method to confront growing numbers of students with a variety of social and learning problems. Each day of her career she has searched for answers. And now, Hampton, an elementary school teacher in Dallas, says she has found what she considers an answer to the problems that she and other educators across the country and around the world are confronted with on a daily basis. “A local medical doctor introduced me to a food supplement known as glyconutrients,” she says. “My 10-year-old niece, Ashley, was having problems focusing in school. The doctor told me that glyconutrients were crucial to our daily diets, that they were safe and that they enhanced the body’s immune system.”*

Hampton began to supplement Ashley’s diet with the glyconutrients. “Within two weeks she to turn things around, and regained her ability to focus. Her grades improved and she seemed more productive in school.”* Hampton, who at the time was the principal and senior teacher at a school in Southeast Dallas, was experiencing the same kinds of problems with many of the 120 students who attended the school in one of the city’s impoverished neighborhoods. “They seemed to be less enthusiastic and productive than the other students, and I thought what worked for Ashley might work for them.”

Hampton teamed up with MannaRelief Ministries, a Dallas-based charity that makes glyconutritional supplements available to malnourished children in this country and around the world. “MannaRelief was a blessing,” says Hampton, a member of the Potters House church in Dallas. “We could not afford to pay for the supplements and to have them donated to us was an act of God.”

Hampton, working with parents and medical professionals, made the supplements available to some of her more challenged students. “Within two weeks my staff and I started to notice results,” Hampton says. “It was a miracle. The children retained information, they began to focus. The school’s test scores went from being among the lowest to the highest in the state of Texas.”* “I attribute what happened in our school to the glyconutrients that our students began to take,” she says. “I believe that they should be part of every student’s diet. I believe that they are as important as a student learning the alphabet.”

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